

Professional Disclosure Statement

Kristen Genzano, LPC

8885 SW Canyon Rd, Ste. 215 Portland, OR 97225
971.712.6260 // kristen@northstartherapycollective.com
www.northstartherapycollective.com

Philosophy and Approach: I believe that each and every person has the capacity for growth and change. I work from a relational frame with emphasis on the relationship between therapist and client as a source for healing. I am an eclectic practitioner; I employ a number of techniques from a variety of orientations including Mindfulness and Behavior Therapy, Psychodynamic and depth work, Dialectical Behavior Therapy, Emotion Focused Therapy, Gestalt, Attachment-based, Existential, and Mind-body integrative therapy. I am a trauma sensitive therapist. I work with individuals, couples, families, and groups.

Formal Education and Training: I hold a master's degree in Counseling Psychology from Northwestern University. Major coursework included Individuals and Systems, Adult Psychopathology, Group and Organizational Dynamics, Theories of Counseling, Trauma Disorders, Research Methods, Human Growth and Development, Cultural Diversity in Counseling, and Career Psychology. I am a Nationally Certified Counselor. Additional training includes completion of the Emotionally Focused Therapy (EFT) Externship and a two-year Dialectical Behavior Therapy (DBT) specialized training in graduate school. I have also completed several trauma-focused therapy trainings.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: Initial 75-minute intake session \$270; Individual session 50 minute hour \$180; Couples session 50 minute hour \$180; Family session 50 minute hour \$180. Additional time/longer sessions are prorated at the rate of \$3.60/minute. Up to 20% sliding scale fee for qualifying individuals, couples, and families.

As a client of an Oregon licensee you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;

- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Board of Licensed Professional Counselors and Therapists at: 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Tele: 503.378.5499 Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT

For additional information about this counselor, consult the Board's website.