

Professional Disclosure Statement

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Philosophy and Approach: My belief is that everyone deserves to live a life that is fulfilling and healthy; sometimes we just need a little help getting there. My goal is to help individuals, couples, and families find their way back to a happier and healthier life. I use an eclectic collection of techniques in therapy, with special focus in cognitive-behavioral, existential, and person-centered therapies.

Education and Training: I hold a Master of Arts degree in Clinical Mental Health Counseling from Denver Seminary. Major course work includes Counseling Theories, Human Growth and Development, Marriage and Family Counseling, Social and Cultural Foundations, and Psychopathology and Diagnosis.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: My fee is \$180 per hour, with a 24 hour cancellation policy. If you cancel within 24 hours of your scheduled appointment, you will be charged the normal hourly fee.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the Board
- To be informed of the cost of professional services before receiving the services
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions:
 - 1) Reporting suspected child abuse
 - 2) Reporting imminent danger to you or others
 - 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies
 - 4) Providing information concerning licensee case consultation or supervision
 - 5) Defending claims brought by you against me

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd SE, #120, Salem, OR 97302-6312 Telephone: (503) 378-5499 Email: lpct.board@mhra.oregon.gov Website: www.oregon.gov/OBLPCT For additional information about this counselor or therapist, consult the Board's website.